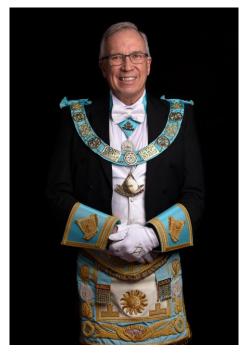
The Square and Compasses.

A newsletter for the Grand Lodge of South Africa, No. 139 August 2023



Most Worshipful Brother Godfrey Place.

Introspection

Introspection, an element which we as Mason's should consider daily. **You may well ask Why?**

Introspection means that one should examine one's own thoughts and feelings. What does that have to do with our craft? **Everything -** as we profess that it is our aim to make the world in which we live a better place for all who live in it.

If we are angry with the world, we are surely in an unhappy space. How can we then live up to the expectation that we want to make the world a better place. Surely, we must start with ourselves. We should examine the motives which brought us to the Order. In the Chamber of Meditation we are confronted with statements which start that process of introspection. We are exhorted to examine those motives which led us to the Order.

Very often in life, circumstances change, because change is inevitable. So often we tend to just "go with the flow" not wanting to upset the applecart. Then we find that within us a sense of unease creeps into our lives, disharmony, conflict, emotional distress, and so the list grows. Do we ever stop and quietly reflect on what is happening with us?

There are five recognised steps to introspection:

1 **Journaling** – this involves writing down your thoughts and feelings as you navigate everyday life. Journaling can help you understand and work through your emotions, especially when you're feeling anxious or sad. It can also help you grow, become more selfaware, and gain meaningful insights.

2 Maintain your environment - Environment is broadly defined as encompassing natural, built,

learning and informational environments and social settings. In other words, the world in which we live. We need to understand how the interrelationship between environments and human behavior affects us daily. We as humans can change the environment (making the world a better place for all) or the environment changes our purely human experiences and behaviors. In a good environment we behave differently. We must ensure that we achieve a balance in our lives between family, work, outside interests.

3 Use positive words and phrases - Negativity breeds negativity. By being positive and talking positively about our experiences and environment, this will start to breed positive opportunities. The tried and tested daily affirmations have yielded many positive outcomes, because we start to live and believe that things are good, and we can do better.

4 Ask yourself Empowering questions - Ask yourself questions about yourself. Write down the questions, then write down your answers to the questions. Ask yourself about your past, present, and future and compose answers to the questions that are positive, insightful, and motivating to you. There are five types of empowerments – psychological, social, economic, educational and political. These are all pivotal to personal growth, societal progress, and holistic development. They each contribute uniquely yet synergistically to enhancing human dignity and fostering an inclusive, equitable society. The upside again is that by self-empowerment, you can make the world a better place for all.

5 Focus on the GOOD for just a bit longer -The Press is filled with all the negativity one could ever hope for. Bad news sells newspapers. How sad this is, as there is possibly far more good in the world, yet we as humans tend to focus on the bad side of the equation. By focussing on the good things, we start to feel better. We are less irritable, less angry with the world and we are able to face more challenges because we look for the upside rather than the down.

Remember that when you point a finger at someone, three fingers point back to you. Let's take these lessons about Introspection and apply them to our Lodges, Provincial Grand Lodges and Grand Lodge, as well as in our daily lives. We will then be able to show the members of the public that it is to us as Freemasons that they can turn to and unburden their hearts. We cannot solve all the problems of the World, but we can, in our own small ways, make our world, and our environment a better place for all.

We can fix so many of the little things which irritate us, and in so doing many of the major issues miraculously seem to dissipate and become non-events in our lives.

Makalani Celebrates 50 Years

On 3 November 1973 Losie Makalani was consecrated in Grootfontein, Namibia. It was the first GLSA Lodge outside the borders of South Africa and it still retains this unique distinction.



MW Bro Godfrey Place (3L), RW Bro Monty Montgomery (4L) and the visiting Westerford Brethren.

On Saturday 19 August MW Bro Godfrey Place and his Grand Lodge team performed a 50 year Rededication ceremony and then RW Bro Alf Brönner and his team performed the Installation ceremony. The Deputy Grand Master, RW Bro Tommy Hardiman, had conducted a "What is Freemasonry?" working for invited guests earlier in the day. That evening's



banquet was also a great success and Makalani took the opportunity to get the Grand Master to hand over a donation to a local charity.

A visit to Makalani should

be an essential on every GLSA Mason's bucket list. If you haven't been there yet, start making some plans. The hospitality is very special and you'll enjoy every moment that you spend with our Namibians!

Star of the East Initiate Bro Conrad Lloyd



Star of the East is a Lodge that enjoys Masonry and it shows. New members can't wait to get involved.

Bro Conrad Lloyd was initiated on 2 August. He's seen here with Bro Jean Claude Marais and already looks comfortable. Welcome

Bro Conrad! We look forward to watching you as you embark on your Masonic journey.

Golden City Installation a very special Event

On 17 August 2023, Wor Bro Vishal Gautam was installed as the Presiding Master of Golden City. His Board of Installed Masters was attended by 31 present and past Masters. RW Bro Simon Nash, the PGM, ably assisted by the Northern Division team, performed both of the workings.



RW Bros Johan Britz MSA, Brandon Topham OSM, MW Bro Godfrey Place, Wor Bro Vishal Gautam, RW Bro Simon Nash, Wor Bros Marius Mostert, Alex Ndubuisi, Wikus Steyl.

The Grand Lodge team was led by the new Grand Master, MW Bro Godfrey Place, and he took



the opportunity to attend to 2 other official duties. Firstly, he presented VW Bro Alec Saunders with his 50 years service jewel - 3 years late due Covid. Bro Saunders has served our Grand Lodge well and being a member

of our Grand Master's Lodge, made it more special. The 2nd item to be attended to was the handing

over of the 2023 "Best Installation Address" trophy to Wor Bro Wikus Steyl. Wikus is а tireless Masonic worker who puts a great deal into everything that he undertakes - and his Installation Addresses are just an example.



"Ike" Installed as Eastern's Deputy PGM

Due family bereavement, Wor Bro Ike Ezeuduji missed the Eastern AGM and his Installation as the Deputy PGM. To put things in order again the PGM, RW Bro Johan van der Merwe, visited Meerensee on 26 August and "Ike" was duly installed.



RW Bro Johan van der Merwe (3L), Wor Bro Marais Viljoen (4L), Wor Bro Ike Ezeuduji (5L).

De Goede Verwachting Installation

On Wednesday 23 August de Goede Verwachting reinstalled Wor Bro Cobis Wilson as their Master.



MW Bro Geoff Edwards (3L), Wor Bros Cobis Wilson and Raymond Eyiomen with GL and PGL Officers and Brethren After Wor Bro Wilson had read his excellent Report, the ceremony was ably conducted by Assistant PGM Wor Bro Raymond Eyiomen and the PGL team.

The Grand Lodge delegation was led by Past Grand Master, MW Bro Geoff Edwards OSM.

GLSA Online Shop

If you want to purchase GLSA or Masonic items or memorabilia, log into our GLSA Online Shop and explore our offerings. The link is below:

GLSA Online Shop

There are various items available, but 2 well worth your consideration are:

The Heritage Book In 2022, South Africa celebrated 250 years of Freemasonry. To mark this event, we published a Heritage Book which explored our history over all Constitutions and Divisions. A few



remaining copies of the A4 book are still available.



GLSA and RA Ties

If you wear ties to work or for any other purpose, you really should include these handsome additions in your collection. The GLSA tie is navy blue, while the RA tie comes in navy blue or red.



MEC Hendrik Rademeyer Exalts his Sons!



On Saturday 5 August, the MEZ of RA Chapter Jeffreys Bay, MEC Hendrik Rademeyer, had the very special privilege of Exalting his 2 sons, Schalk and Adolf into the Royal Arch degree.

Orange Raise Bro Eric Palmer

On Thursday 20 July Bro Eric Palmer was



raised by Lodge Orange to the sublime degree of a Master Mason. In this picture he is seen being congratulated by the Worshipful Master, Wor Bro Charl Palm. As always, the Lodge work was excellent.

de Goede Hoop Raise Bro Femi Baiyewu

Bro Femi's Masonic journey started with his Initiation into President Burgers. Shortly thereafter he relocated to Cape Town and joined de Goede Hoop.



RW Bro Tommy Hardiman and Bro Femi Baiyewu surrounded by the Brethren of de Goede Hoop.

Westerford Raise Bro Rob Boyd

On Thursday 3 August Westerford raised Bro Rob Boyd to Master Mason. As is normal at Westerford, the working was superb.



Bro Rob Boyd (3L0 with Wor Bro Sean Stuart (2L0 and the Brethren of Westerford and their visitors.

New Grand Superintendent visits Chapter Unie

Shortly after his installation as the new RA Northern Division Grand Superintendent, MEC Marius Mostert attended a Chapter Unie working in Welkom. MEC Alf Brönner was the MEZ.



MECs Johan Britz and Marius Mostert (front left) with MEC Alf Brönner (back 4L) and the Chapter Companions.

Balanced Lodge Update

At the end of August we were $\frac{2}{3}$ of the way through 2023 and our "Most Balanced" Lodges were really starting to reveal themselves. The leaders in the different Groupings are:

	Large Lodges	
1.	Koh-I-Noor	228
2.	De Goede Hoop	219
3.	Alpha	201
	Medium Lodges	
1.	De Broederband	270
2.	Prins Frederik	269
3.	Star of the East	236
	Small Lodges	
1.	Jeffrey's Bay	297
2.	Dagbreek	290
3.	Albert J Haak	191

We are distributing an updated model to all Brethren and, if your Lodge is not listed above, you should make certain that your Secretary includes the "Balanced Lodge Program" on your BoM Agenda. It really is a very effective way of monitoring your Lodge's Masonic progress and all of our Lodges should take the fullest possible advantage of it.

Chapter de Goede Hoop Install their new MEZ

Monday 28 August was a special day for the South Western Division of the AASR. It was not only the Installation date of Ven Bro Malcolm Gessler as Chapter de Goede Hoop's new Most Wise Sovereign, but was also the first time that members of our local English Supreme District had visited us. Their current SGIG V III Bro Ernest Malherbe and Past SGIG V III Bro Jim Duggan were made most welcome.



M Ill Bro Mike Burchell (L3), Ven Bro Malcolm Gessler (L4), M Ill Bros Ernest Malherbe and Jim Duggan.

Dennis Nienaber advanced to 31st Degree

On an August evening at Gqeberha's Raleigh St Temple, Ill Bro Dennis Nienaber was advanced to the 31st degree by Consistory Settlers. The Chapter really is making some extremely impressive progress.



Ill Bros Paul West, Marius Terblanche, M Ill Bro Nowellyn van Vuuren, Ill Bro Dennis Nienaber, M Ill Bro Keith Hutton, Ill Bro Hein Buys.

Perseverance Initiate Bro Amos Luzolo

On Wednesday 14 August, Perseverance initiated Bro Amos Luzolo as a member. Wor Bro Gary Hendricks was in the chair and was assisted by Brethren from a number of Southern Division Lodges.



Bro Amos Luzolo seated with Wor Bro Gary Hendricks and surrounded by the Brethren who took part in the working.

Chapter Settlers have 4 new 4th Degrees

Chapter Settlers recently advanced 4 Brethren to the 4th Degree. The working was conducted by Ven Bro Hardus Snyman and his team and took place in the very special Raleigh Street Temple.



Bros Danie Myburgh, Schalk Rademeyer ,Mias Janse van Vuuren, Adolf Rademeyer with MWS Ven Bro Hardus Snyman and M Ill Bro Nowellen van Vuuren

Almoner's Report

We are delighted to advise you that one of our

newer members, Bro Richard Southey (de Goede Hoop) has recently become the father of twin girls. He is seen here with Gabby and their beautiful new additions to their family.



Enjoy your girls, Richard, they really are very, very special.

PGL Almoners are reminded to please let us have your news on a regular basis.

If anything is known about a Brother in distress, please share it with your Divisional Almoner.

Southern	Wor Bro Cobis Wilson	083 2844684
Northern	Wor Bro Herman Roos	082 3184238
Central	Wor Bro John Meyer	073 3525832
Eastern	Wor Bro Bushy McKelvey	076 8912058
E Cape	Wor Bro Ian Hetherington	082 9545297